

Individual and Family Support Services

Term 1, 2019

Term 1 11th February - 5th April 2019

DAY	ACTIVITY	TIME	VENUE	CRECHE (bookings essential)
Monday	Popcorn Group	10am to 11.30am	Communicare	Yes
Tuesday	Family Rhyme Time	9am to 10am	Communicare	No
	Learning Together	12pm to 2pm	Communicare	No
	Conversational English Group	9.30am to 11.30am	Communicare	Yes
	Getting Ready for Work	12pm to 2pm	Communicare	Yes
Wednesday	Conversational English Group	9.30am to 11.30am	Communicare	Yes
Thursday	Happy Feet Walking Group	9am to 10am	Communicare	No
	Multicultural Playgroup	9.30am to 11.30am	Communicare	No
Friday	Multicultural Playgroup	9.30am to 11.30am	Communicare	No
	Pins and Needles	10:00am to 12:00pm	Communicare	No

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Individual and Family Support Services

Popcorn Group (Monday) *NEW*

A fun and exciting new group that has different activities happening every week, presented by members of the community. Come along and learn how to make traditional food, learn Bollywood dancing or how to live a healthy lifestyle. Limited crèche positions available.

Venue: Communicare
28 Cecil Ave,
Cannington 6107

Time: 9.30am – 11.30am

Bookings: 9251 5777
ifss@Communicare.org.au

Family Rhyme Time (Tuesday) *NEW*

Join us for rhymes, songs, stories and fun times with your children. The group promotes positive communication and interactions between parents and children.

Venue: Communicare
28 Cecil Ave,
Cannington 6107

Time: 9.00am to 10.00am

Bookings: 9251 5777
ifss@Communicare.org.au

Learning Together (Tuesday)

Come along and meet other people in the community. The group has fun science experiments for children followed by a friendly chat with other families.

Venue: Communicare
28 Cecil Ave,
Cannington 6107

Time: 12.00pm to 2.00pm

Bookings: 9251 5777
ifss@Communicare.org.au

Conversational English Class (Tuesday)

This group is designed for newly arrived community members wishing to improve their English speaking skills in a practical, “everyday” setting. Crèche Available (limited positions available).

Venue: Communicare
28 Cecil Ave,
Cannington 6107

Time: 9.30am to 11.30am

Bookings: 9251 5777
ifss@Communicare.org.au

Getting Ready for Work (Tuesday)

The group is designed to develop skills for participants to be more prepared for the workforce. Topics include resume writing, covering letter and interview skills.

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Cannington 6107

Time: 12pm to 2pm

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Happy Feet Walking Group (Thursday) - *NEW*

Walking is a wonderful way to keep fit. It is easy and great for people of all ages, both physically and mentally. The group is a great way to socialise while looking after your health. Different destinations every week.

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Cannington 6107

Time: 9.00am to 10.00am

Bookings: 9251 5777
ifss@Communicare.org.au

Multicultural Playgroup (Thursday)

For parents & children aged 0-6 years.

Our supported multicultural playgroups provide opportunities for parents and their children to enhance their relationships, increase their skills and confidence to develop valuable social and family support networks.

Facilitated by one of our experienced Playgroup Leaders during school terms; our groups can also assist parents with parenting information and referrals to other family services.

Facilitator: Dee Parry
Communicare

Days: Thursdays (school terms only)

Venue: Communicare
28 Cecil Ave,
Cannington 6107

Time: 9.30am – 11.30am

Bookings: 9251 5777
ifss@Communicare.org.au

Multicultural Playgroup (Friday)

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Pins and Needles (Friday) *NEW* For all community members

The group covers a range of sewing techniques and encourages all members to join, learn and share their skills and cultural knowledge. Also, a fantastic opportunity to create lasting friendships!!

Venue: Communicare
28 Cecil Ave,
Cannington 6107

Time: 10am to 12pm

Bookings: 9251 5777
ifss@Communicare.org.au

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