

## HOW DO I APPLY?

You can enter the Communicare Breathing Space program by contacting us directly to arrange a suitability assessment.

If staff are not available to assess you immediately, an appointment will be made to contact you as soon as possible.

If your application is successful, you may enter the program if a bed is available or you may be placed on a waiting list.

## CONTACT US

- A** 35-41 Kenton Way,  
Calista WA 6167      **A** 10 Cambridge Street  
Maylands WA 6051
- T** 08 9439 5707
- E** [breathingspace@communicare.org.au](mailto:breathingspace@communicare.org.au)

This program is funded by the Government of Western Australia Department of Communities.

Communicare also acknowledges support from Lotterywest.

## ABOUT US

Communicare was established in 1977 and has developed into a dynamic not-for-profit organisation with an enduring reputation as a community organisation that genuinely cares.

Our aspiration is to create strong, safe and inclusive communities with the purpose of inspiring and empowering people to live a life of their choice.

Our philosophy is to provide hope and opportunity for people and, over the years we have distinguished ourselves as a provider and innovator of services as well as an advocate to enhance social and economic inclusion.

Our two pillars of core business – community inclusion and community safety – form the foundations of our diverse service portfolio of Children's, Family, Settlement, Education & Training, Employment and Family Violence & Justice Services.

- A** 28 Cecil Avenue,  
Cannington WA 6107
- P** PO Box 730, Cannington, WA 6987
- T** 08 9251 5777
- E** [info@communicare.org.au](mailto:info@communicare.org.au)



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**CREATING  
FUTURES**

**communicare.org.au**

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# CREATING COMMUNITY SAFETY



**Communicare  
Breathing Space**

**COMMUNICARE**



## WHAT IS COMMUNICARE BREATHING SPACE?

Communicare Breathing Space offers a behaviour change program to men who have been abusive in their intimate partner and family relationships.

Our therapeutic community provides men with up to six months of accommodation while they undertake an intensive therapeutic program including educational group work, individual counselling and case management.

Group work includes:

- Men Relating Safely (men's behaviour change programs),
- Understanding Anger, Aggression and Emotions,
- Dadworx (Parenting/Fathering) and;
- Alcohol and Other Drugs (AOD) support.

The program supports men to make changes in a secure and supported therapeutic setting.

## WHAT ARE MY OBLIGATIONS WHEN I PARTICIPATE IN THE PROGRAM?

Communicare Breathing Space can accommodate residents at our locations in Calista and Maylands WA.

If you are interested in participating in the program you should contact Communicare Breathing Space directly in order to schedule a suitability assessment.

To be accepted into the program, you must:

- Commit to participating in all aspects of the therapeutic program,
- Abstain from drug and alcohol use while in the program,
- Understand our program facilitators will contact your partners to offer support and referrals to services and;
- Be committed to non-violence and respect for all others.

When you participate in the program you are required to make a contribution towards the cost of your lodgings.

## WHAT ARE THE PROGRAM OBJECTIVES?

Communicare Breathing Space is committed to prioritising the safety of women and children in our community by:

- Providing you the opportunity to be accountable for your behaviour and the choices you have made,
- Providing a structured program that supports your learning, and assists your understanding to take responsibility for your violence, anger and abuse,
- Enabling you to learn different coping strategies to use as an alternative to violence,
- Exploring the impact your violence has on family members and;
- Providing a support and referral service to your family members.

## SUPPORTED TRANSITIONAL ACCOMMODATION

This program supports the perpetrator in their transition out of Communicare Breathing Space.

The Supported Transitional Accommodation program supports eligible participants back into the community whilst maintaining positive pathways towards sustained behaviour change.