

## HOW DO I APPLY?

You can enter the Communicare Breathing Space program by contacting us directly to arrange a suitability assessment.

If staff are not available to assess you immediately, an appointment will be made to contact you as soon as possible.

If your application is successful, you may enter the program if a bed is available or you may be placed on a waiting list.



## CONTACT US

- A** 35-41 Kenton Way,  
Calista WA 6167
- T** 08 9439 5707
- E** [breathingspace@communicare.org.au](mailto:breathingspace@communicare.org.au)

This program is funded by the Government of Western Australia Department for Child Protection and Family Support.

Communicare also acknowledges support from the Government of Western Australia Housing Authority and Lotterywest.

## ABOUT US

Communicare was established in 1977 and has developed into a dynamic not-for-profit organisation with an enduring reputation as a community organisation that genuinely cares.

Our aspiration is to create strong, safe and inclusive communities with the purpose of inspiring and empowering people to live a life of their choice.

Our philosophy is to provide hope and opportunity for people and, over the years we have distinguished ourselves as a provider and innovator of services as well as an advocate to enhance social and economic inclusion.

Our two pillars of core business – community inclusion and community safety – form the foundations of our diverse service portfolio of Children & Family, Community Safety & Wellbeing, Education, and Employment Services.

- A** 28 Cecil Avenue,  
Cannington WA 6107
- P** PO Box 730, Cannington, WA 6987
- T** 08 9251 5777
- E** [info@communicare.org.au](mailto:info@communicare.org.au)



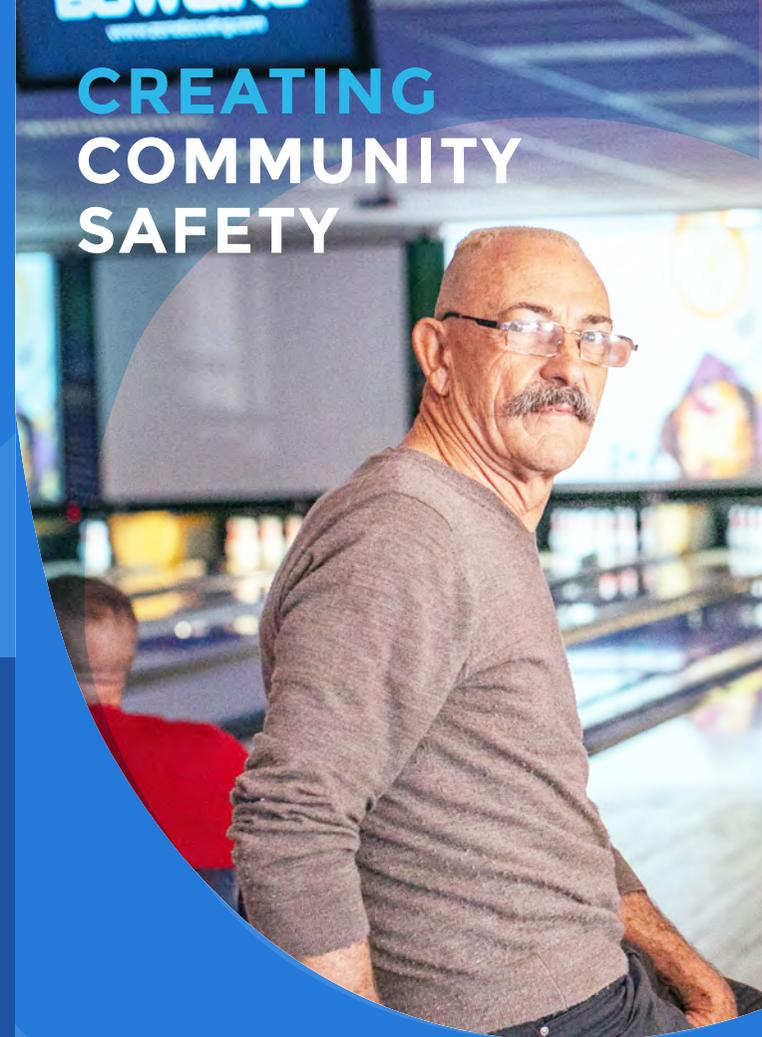
 @communicarewa  @communicare-inc  @communicareinc

**CREATING  
FUTURES**

[communicare.org.au](http://communicare.org.au)

Version 2.0 December 2018

# CREATING COMMUNITY SAFETY



**Communicare  
Breathing Space**

 **COMMUNICARE**



## WHAT IS COMMUNICARE BREATHING SPACE?

Communicare Breathing Space offers a behaviour change program to men who have been abusive in their intimate partner and family relationships.

Our therapeutic community provides men with six months of accommodation while they undertake an intensive therapeutic program including educational group work, individual counselling and case management.

Group work includes:

- Men Relating Safely (Domestic Violence education).
- Understanding Anger and Aggression.
- Understanding Emotions, Dadworx (Parenting) and Alcohol and Other Drugs (AOD) Co-morbid Domestic Violence.

The program supports men to make changes in a secure and confidential therapeutic setting.

## WHAT ARE MY OBLIGATIONS WHEN I PARTICIPATE IN THE PROGRAM?

Communicare Breathing Space can accommodate up to 24 residents.

If you are interested in participating in the program you should contact Breathing Space directly in order to schedule a suitability assessment.

To be accepted into the program, you must:

- Commit to participating in all aspects of the therapeutic program.
- Abstain from drug and alcohol use while in the program.
- Give permission for Communicare employees to contact your partners to offer support and referrals to services.
- Be committed to non-violence and respect for all others.

When you participate in the program you are required to make a contribution towards the cost of your lodgings.

## WHAT ARE THE PROGRAM OBJECTIVES?

Communicare Breathing Space is committed to working towards the safety of women and children in our community by:

- Providing you the opportunity to be accountable for your behaviour and the choices you have made.
- Providing a structured program that supports your learning, and assists your understanding to take responsibility for your violence, anger and abuse.
- Enabling you to learn different coping strategies to use as an alternative to violence.
- Exploring the impact your violence has on family members.
- Providing a support and referral service to your family members.

## RELATED SERVICES

Ask us about our other services:

- Communicare Connect and Respect Services
- Communicare Women's Support Services
- Communicare Psychological Services

Visit [www.communicare.org.au](http://www.communicare.org.au) or contact us for more details.

Communicare Breathing Space is a specialised program which offers intensive support to individuals and their families who are experiencing Domestic Violence.