

OpenSpace

OpenSpace aims to strengthen and promote the safety and wellbeing of young people.



## WHAT IS OPENSPACE?

OpenSpace is a free counselling and case management service for children and young people aged 12 to 24 years who have experienced family and domestic violence and abuse

The service provides holistic support to improve family functioning, increase safety, improve mental health and wellbeing, and increase community connections.

OpenSpace also provides Therapeutic Group Work, Informal Workshops, Peer Support Development, and referrals to specialist support services.

## OpenSpace aims to:

- Enhance safety for young people
- Promote respectful communication and relationships
- Increase positive family connections
- Promote positive mental health and wellbeing
- Increase community connections

## WHO'S ELIGIBLE?

OpenSpace provides accessible, timely support to young people who have experienced family and domestic violence and abuse. OpenSpace aims to enhance safety for young people and to enable recovery from the violence and abuse they have experienced.

OpenSpace provides counselling services Communicare's Rockingham and Kwinana sites and other locations in the Rockingham area.

Therapeutic Group Work and Group Activities will be available at the above Communicare sites and from other community locations, as required.



OpenSpace is funded by the of Western Australia Government Department of Department of Communities.

## FOR MORE INFORMATION:

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