



# My Play School



## For Parents and Carers of children 3-5 years

**My Play School** is a free 7-week education program that supports parents from diverse cultural backgrounds, with children 3 to 5 years of age, where there may be some challenges identified.

The program gives children (with support from their caregiver) flexible, yet structured play experiences that nurture a sense of safety, whilst building self-confidence and a curiosity for learning and engaging with others. The facilitators gently build connections with the children, supporting each child to engage in activities and interactions at their own pace. The program creates opportunities for children to build and develop their social and emotional skills.

*Interacting and communicating with others, and feeling safe and confident enough to do so, is fundamental to children's successful transition to primary school.*



**Wednesday 18 February - Friday 3 April 2026**



Wednesdays & Fridays  
9.30am - 11.30am



**Parent and Child attend both sessions together.**



Communicare  
28 Cecil Avenue  
Cannington



**FREE**

## For further information:

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✉ [mps@communicare.org.au](mailto:mps@communicare.org.au)

🌐 [www.communicare.org.au](http://www.communicare.org.au)



### This program will prioritise the following:

- Families with children who are developing differently or experiencing social or emotional challenges.
- Parents on student visas or other visas which limit their child's access to subsidised Kindergarten.
- Families with children who are unable to access the NDIS or are waiting to access the NDIS.

### Expectations from participating families:

- Priority will be given to families who are able to attend both days for the 7 weeks (to maximise the benefits of the program.)
- Parents are required to be with their child throughout the sessions.
- 1 parent and 1 child per family.

### Other important information:

- A maximum of 10 families can participate in this program per term.
- Suitable families will be offered a place on the waitlist for following terms if there are no places available.